

Empowering Women
MENTORSHIP PROGRAM

Spring 2024 - Emma Cohort



BROUGHT TO YOU BY KJ COMPANY AND CHORD MARKETING SERVICES.



Empowering Women Mentorship Program

- Background
- Objectives
- Timeline
- Overview of mentees

2/22/2024	Mentor Training	
2/22/2024	Mentee Orientation	
2/28/2024	Official kick-off virtual conference	
	Mentoring pairs meet every other week for 60 min for minimum 6 meetings	Meeting Dates are Guidelines
3/12/2024	Meeting 1	
3/26/2024	Meeting 2	
4/9/2024	NEW Conversation Starters	
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5/7/2024	Meeting 5	
5/21/2024	Meeting 6	
5/30/2024	Wrap-up celebration virtual	

Goals for today

- Prepare
 - Level set
 - Best practices
 - Guidebook
- Connect
- Network

Three Cohorts Spring 2024

Emma: *“If you truly pour your heart into what you believe, even if it makes you vulnerable, amazing things can & will happen.”*

Oprah: *“Create the highest, grandest vision possible for your life because you become what you believe.”*

Simone: *“Always work hard & have fun in what you do because that's when you're most successful. You have to choose to do it.”*

Inaugural Mentors



Mark Bucci
Yale Electric



Desiree Grace
Panduit



Greg Hames
Retired



Sheila Hernandez
Summit Electric



Eva Jelezova
Littelfuse



Jim Johnson
NEMRA



Miki Nadeau
nVent



Liz O'Grady
Retired



Jill Oller
Sachs Electric



Jan Ruthe
Electri-Flex



Tim Speno
E2E Summit



Jeff Stroin
Consultant



Christy Tilton
Signify



Donna Ward
Southwire

Grateful for Our Mentors!

Alison	Prager	Sonepar	Gayla	Bolte	Former ArchKey	Mark	Bucci	retired Yale Electric
Amy	Brownlow	nVent CADDY	Greg	Griswold	Double G Partners	Matt	Santilli	Arthur A Boyle Co
Amy	Drewery	Phoenix Contact	Greg	Hames	Retired from Viking Electric	McKenzie	Murray	CED Denver
Anna	Periera	Hubbell Power Systems	Jaci	Battaglia	USES!	Michele	Feick Ryan	Cooper Lighting
Annie	Warren	OneSource A Sonepar Co	Jan	Ruthe	Electri-Flex	Michelle	Mathis	Siemens
Ashlee	MacDonald	Acuity Brands Lighting	Janelle	Blazejewski	Electri-Flex	Mike	McCormack	Emerson, Appleton Group
Brenda	Andolina	Sonepar	Jeanne	Stark	Intermatic	Miki	Nadeau	nVent
Brian	Earl	Ericson Manufacturing	Jeff	Barrett	Wesco	Nancy	Lindsay	Hitachi Energy
Brian	McElroy	Siemens	Jenifer	Pytleski	Viking Electric, A Sonepar Co	Narissa	Grufferman	Cooper Lighting Solutions
Bridgett	McMahan	BESCO	Jenifer	Yates	Sonepar - Canada	Nikki	Murphy	Eaton
Brittany	Guyton	Omni Cable	John	Hayter	ABB	Pete	Jones	Nexus Power
Chris	Marlow	ABB	Julie	Fitzgerald	Siemens	Peter	Galindo	Graybar
Christy	McElhinny	Eaton Bussmann	Karen	Bazela	Shoals Technologies	Rhonda	Rogers	Southwire
Cindy	Nichols	Intermatic	Kaytee	Howarth	ABB	Robert	Faul	Sonepar
Courtney	Abraham	Current Lighting	Kelly	McFarlane	S&C Electric	Ryan	Sasscer	Sonepar
Darrell	Price	WESCO	Kristen	Robertson	Christenson Electric	Scott	Dunnington	ABB Installation Products
Dennis	Renaud	former Panduit	Kristy	Phillips	Southwire	Sheila	Hernandez	Summit Electric
Doug	Walo	Retired from Horizon, IES	Lauren	Wescott	Eaton Bussmann	Sherri	Large	Wesco
Ellen	Helm	Trane	Lindsey	Cernik	Border States	Stacy	Stanslaski	Viking Electric, A Sonepar Co
Ferran	Sacrest	Mersen	Lindsey	Shelton	S&C Electric	Steve	Antenucci	Retired Hubbell
Frank	LaPlante	GCG	Lisa	Henry	Hubbell Inc	Susan	Labadie	Cerrowire
						Teresa	Shroll	Graybar

Agenda

- Introductions
- Mentoring Review
- Mentoring pairs meet 1-on-1
- Interactive discussion
- Wrap-up and Q&A

Let's Meet the Pairs

How are you showing up today?



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Alana Pierce
Wesco



Amanda Shriver
Christenson
Electric



Ashley Smith
Southwire



Lisa Henry
Hubbell Inc.



Karen Bazela
Shoals
Technologies



Teresa Shroll
Graybar

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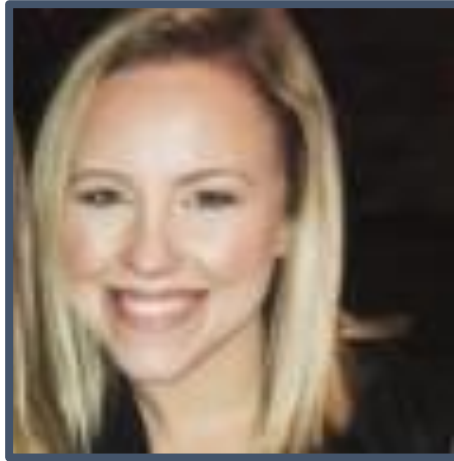


BessAnne
Rambone

Cooper
Electric, a
Sonepar
Company



Jan Ruthe
Electri-Flex



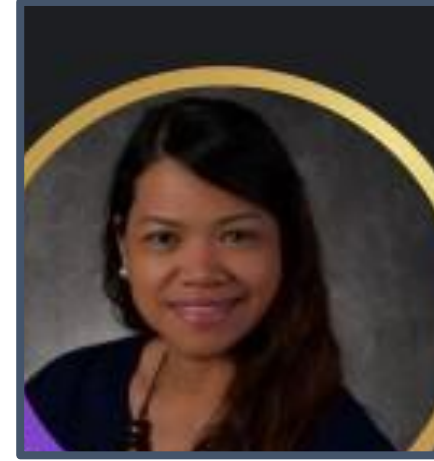
Brenna
Borsellino

Legrand



Greg Hames

Retired
Viking Electric



Cat Almanzor
Hancock

Sonepar



Doug Walo

Retired
Horizon, IES

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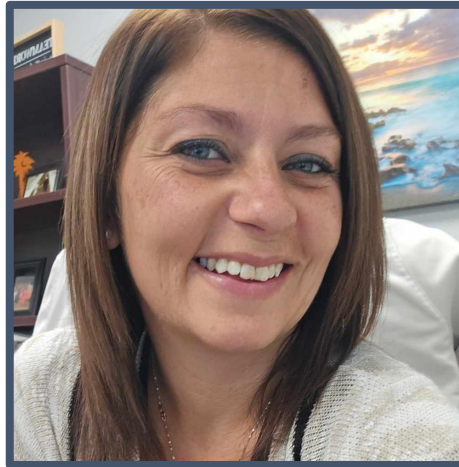
Christina
Harris

Capital
Electric, a
Sonepar
Company



Brittany
Guyton

Omni Cable



Crystal Gibbs

Atlantic
Coast Electric



McKenzie
Murray

CED Denver



Isabella
Basch

Siemens



Alison Prager

Sonepar

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Jane Evans
McNaughton-
McKay



Pete Jones
Nexus Power



Jessica
Dickinson
Graybar



Miki Nadeau
nVent



Jessica Ryan
Eaton



Frank
LaPlante
GCG

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Kathleen
Matoska

ArchKey
Solutions



Scott
Dunnington

ABB
Installation
Products



Kelly Lambert

ArchKey
Solutions



Brenda
Andolina

Sonepar



Kendall
Persch

Wesco



Steve
Antenucci

Retired
Hubbell

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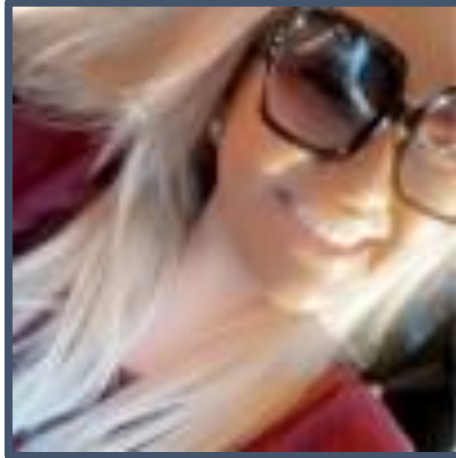


Laura Dynda
Mars Electric



Narissa
Grufferman

Cooper
Lighting
Solutions



Lauren
Cheney

Mathes
Electric



Mike
McCormack

Emerson,
Appleton
Group



Wendy
Nelson

Graybar



Greg
Griswold

Double G
Partners

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Zoe Bollea

Wesco



Brian McElroy

Siemens



Lexi Fisk

USES!



Karolina
Zuraw

Encore Wire

Mentoring Review

- 2-way, mutually beneficial
- Formal or informal
- Virtual or Face-To-Face
- Senior-Junior-Peer
- Commitment
- Not exclusive
- Not indefinite



- Mutual Trust & Respect
- Two-Way Relationship
- Confidentiality
- Chemistry

- Identify your why
- Set the agenda, schedule meetings
- Ask questions, listen, learn
- Try out some ideas
- Be grateful – share
- Have fun
- Confidentiality
- Confirm completion of six meetings



- Encourage & support mentee to manage their learning
- Guide mentee – don't do it for mentee
- Share – insights, experiences, feedback
- Role model & sounding board
- Foster balance
- Accessible & fully present
- Confidentiality – safe place
- Have fun – be yourself

Share Best Practices

Guidebook - ReFreshed

- Tips for:
 - Building Trust and Rapport
 - Asking questions
 - Receiving feedback
 - Conversation Starters
- First meeting guidelines - Mentoring Agreement
- Reference Templates

Mentoring Pairs 1-on-1

- 15 minutes
- Two things
 1. Get to know each other
 - What is one thing the two of you have in common?
 - What is the best thing you have experienced about mentoring?
 - What is one of your mutual goals for the program?
 2. Set your meeting dates



Re-Group

Surprises?

Did you figure out why we matched you?

Share any insights?

Next Steps

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- Schedule your first meeting
- Some ideas...
- Bookmark www.EWMP.info
- Join LinkedIn Group
- email info@KJCompany.net after each meeting

Questions – Wrap-Up

We're here for you



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