

*Empowering Women*  
MENTORSHIP PROGRAM

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Spring 2024 - Oprah Cohort



BROUGHT TO YOU BY KJ COMPANY AND CHORD MARKETING SERVICES.



# Empowering Women Mentorship Program

- Background
- Objectives
- Timeline
- Overview of mentees

2/22/2024	Mentor Training	
2/22/2024	Mentee Orientation	
2/28/2024	Official kick-off virtual conference	
	Mentoring pairs meet every other week for 60 min for minimum 6 meetings	Meeting Dates are Guidelines
3/12/2024	Meeting 1	
3/26/2024	Meeting 2	
4/9/2024	NEW Conversation Starters	
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5/7/2024	Meeting 5	
5/21/2024	Meeting 6	
5/30/2024	Wrap-up celebration virtual	

# Goals for today

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- Prepare
  - Level set
  - Best practices
  - Guidebook
- Connect
- Network

## Three Cohorts Spring 2024

**Emma:** *“If you truly pour your heart into what you believe, even if it makes you vulnerable, amazing things can & will happen.”*

**Oprah:** *“Create the highest, grandest vision possible for your life because you become what you believe.”*

**Simone:** *“Always work hard & have fun in what you do because that's when you're most successful. You have to choose to do it.”*

# Inaugural Mentors



Mark Bucci  
Yale Electric



Desiree Grace  
Panduit



Greg Hames  
Retired



Sheila Hernandez  
Summit Electric



Eva Jelezova  
Littelfuse



Jim Johnson  
NEMRA



Miki Nadeau  
nVent



Liz O'Grady  
Retired



Jill Oller  
Sachs Electric



Jan Ruthe  
Electri-Flex



Tim Speno  
E2E Summit



Jeff Stroin  
Consultant



Christy Tilton  
Signify



Donna Ward  
Southwire

# Grateful for Our Mentors!

Alison	Prager	Sonepar	Gayla	Bolte	Former ArchKey	Mark	Bucci	retired Yale Electric
Amy	Brownlow	nVent CADDY	Greg	Griswold	Double G Partners	Matt	Santilli	Arthur A Boyle Co
Amy	Drewery	Phoenix Contact	Greg	Hames	Retired from Viking Electric	McKenzie	Murray	CED Denver
Anna	Periera	Hubbell Power Systems	Jaci	Battaglia	USES!	Michele	Feick Ryan	Cooper Lighting
Annie	Warren	OneSource A Sonepar Co	Jan	Ruthe	Electri-Flex	Michelle	Mathis	Siemens
Ashlee	MacDonald	Acuity Brands Lighting	Janelle	Blazejewski	Electri-Flex	Mike	McCormack	Emerson, Appleton Group
Brenda	Andolina	Sonepar	Jeanne	Stark	Intermatic	Miki	Nadeau	nVent
Brian	Earl	Ericson Manufacturing	Jeff	Barrett	Wesco	Nancy	Lindsay	Hitachi Energy
Brian	McElroy	Siemens	Jenifer	Pytleski	Viking Electric, A Sonepar Co	Narissa	Grufferman	Cooper Lighting Solutions
Bridgett	McMahan	BESCO	Jenifer	Yates	Sonepar - Canada	Nikki	Murphy	Eaton
Brittany	Guyton	Omni Cable	John	Hayter	ABB	Pete	Jones	Nexus Power
Chris	Marlow	ABB	Julie	Fitzgerald	Siemens	Peter	Galindo	Graybar
Christy	McElhinny	Eaton Bussmann	Karen	Bazela	Shoals Technologies	Rhonda	Rogers	Southwire
Cindy	Nichols	Intermatic	Kaytee	Howarth	ABB	Robert	Faul	Sonepar
Courtney	Abraham	Current Lighting	Kelly	McFarlane	S&C Electric	Ryan	Sasscer	Sonepar
Darrell	Price	WESCO	Kristen	Robertson	Christenson Electric	Scott	Dunnington	ABB Installation Products
Dennis	Renaud	former Panduit	Kristy	Phillips	Southwire	Sheila	Hernandez	Summit Electric
Doug	Walo	Retired from Horizon, IES	Lauren	Wescott	Eaton Bussmann	Sherri	Large	Wesco
Ellen	Helm	Trane	Lindsey	Cernik	Border States	Stacy	Stanslaski	Viking Electric, A Sonepar Co
Ferran	Sacrest	Mersen	Lindsey	Shelton	S&C Electric	Steve	Antenucci	Retired Hubbell
Frank	LaPlante	GCG	Lisa	Henry	Hubbell Inc	Susan	Labadie	Cerrowire
						Teresa	Shroll	Graybar



# Agenda

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- Introductions
- Mentoring Review
- Mentoring pairs meet 1-on-1
- Interactive discussion
- Wrap-up and Q&A

# Let's Meet the Pairs



# Empowering Women

## MENTORSHIP PROGRAM

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Amber Ming

QED, a Sonepar  
Company



Nikki Murphy

Eaton



Amber Parker

Crawford  
Electric, a  
Sonepar  
Company



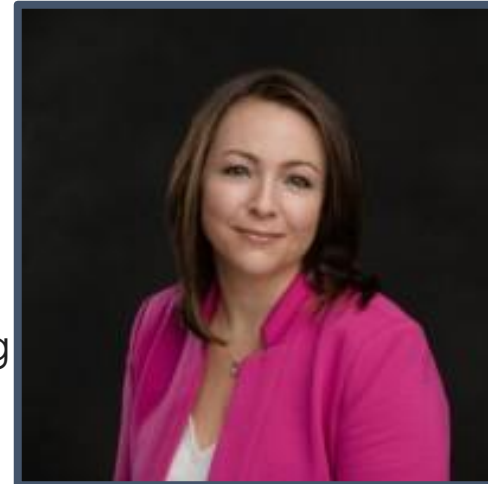
Brian Earl

Ericson  
Manufacturing



April Schaly

Gescan, a  
Sonepar  
Company



Janelle  
Blazejewski

Electri-Flex



# Empowering Women

## MENTORSHIP PROGRAM

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Ashlee Nosie  
ArchKey  
Parsons  
Electric



Ashley Davis  
ABB



Brianna  
Buzard  
Siemens



Nancy  
Lindsay  
Hitachi  
Energy



Lindsey  
Cernik  
Border States



Stacy  
Stanlaski  
Viking Electric,  
A Sonepar Co.

# Empowering Women

MENTORSHIP PROGRAM

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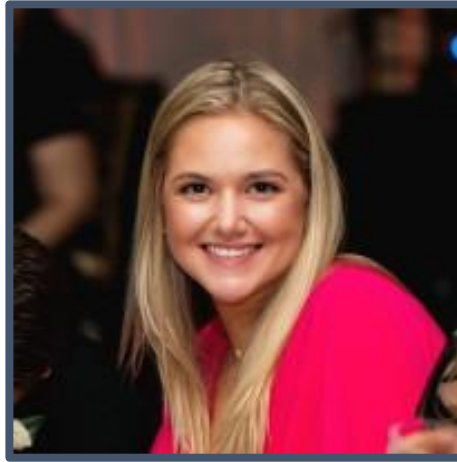
Caity Miller

Central IN  
Chapter  
NECA



Amy  
Brownlow

nVent  
CADDY



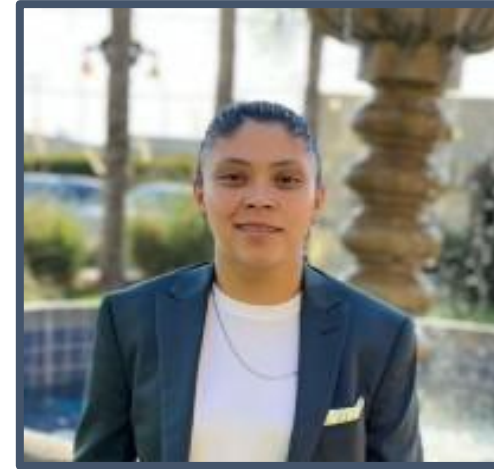
Delaney  
Young

Graybar



Kaytee  
Howarth

ABB



Fernanda  
Garza

Current  
Lighting



Chris Marlow

ABB



# Empowering Women

## MENTORSHIP PROGRAM

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Jamie Mosley  
ArchKey  
Solutions



Matt Santilli  
Arthur A Boyle  
Co



Jasmine  
Murray  
ABB



Peter Galindo  
Graybar



Kelsey Garza  
Omni Cable



Sheila  
Hernandez  
Summit  
Electric

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Kiana Tan  
Independent  
Electric, a  
Sonepar  
Company



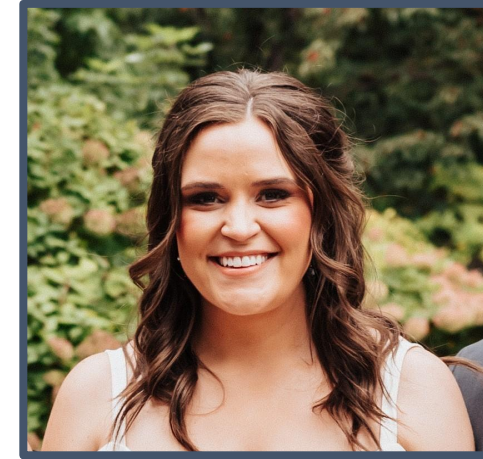
Bridgett  
McMahan  
  
BESCO



Laura Scott  
Viking  
Electric, a  
Sonepar  
Company



Ashlee  
MacDonald  
  
Acuity Brands  
Lighting



Olivia  
Anderson  
  
ArchKey  
Solutions



Anna Periera  
  
Hubbell  
Power  
Systems



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Shannon  
Osborne

Current  
Lighting



Sunnie  
Williams

Graybar



Theresa  
Manley

Connexion



Robert Faul

Sonepar



Ferran  
Sacrest

Mersen



Kelly  
McFarlane

S&C Electric

# Empowering Women

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Vicki Mumaw

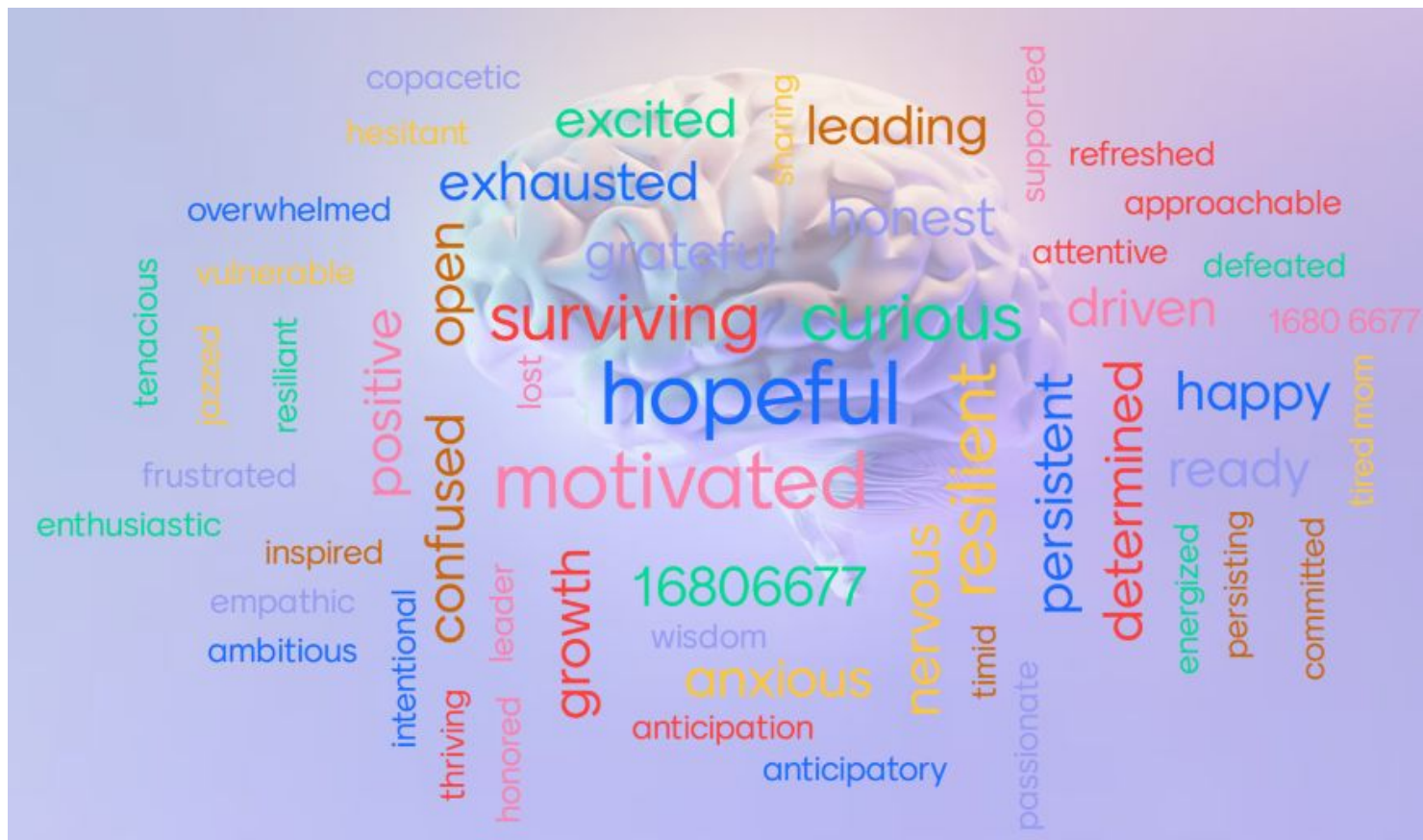
WESCO



Kristin  
Robertson

Christenson  
Electric

# Congratulations!



# Mentoring Review

- 2-way, mutually beneficial
- Formal or informal
- Virtual or Face-To-Face
- Senior-Junior-Peer
- Commitment
- Not exclusive
- Not indefinite



- Mutual Trust & Respect
- Two-Way Relationship
- Confidentiality
- Chemistry

- Identify your why
- Set the agenda, schedule meetings
- Ask questions, listen, learn
- Try out some ideas
- Be grateful – share
- Have fun
- Confidentiality
- Confirm completion of six meetings



- Encourage & support mentee to manage their learning
- Guide mentee – don't do it for mentee
- Share – insights, experiences, feedback
- Role model & sounding board
- Foster balance
- Accessible & fully present
- Confidentiality – safe place
- Have fun – be yourself

**Share Best Practices**



# Guidebook - ReFreshed

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- Tips for:
  - Building Trust and Rapport
  - Asking questions
  - Receiving feedback
  - Conversation Starters
- First meeting guidelines - Mentoring Agreement
- Reference Templates

# Mentoring Pairs 1-on-1

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15 minutes

## 1. Get to know each other

- What is one thing the two of you have in common?
- What is the best thing you have experienced about mentoring?
- What is one of your mutual goals for the program?

## 2. Set your meeting dates



# Re-Group

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Surprises?

Did you figure out why we matched you?

Any fun things learned?

# Next Steps

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- Schedule your first meeting
- Some ideas...
- Bookmark [www.EWMP.info](http://www.EWMP.info)
- Join LinkedIn Group
- email [info@KJCompany.net](mailto:info@KJCompany.net) after each meeting



# Questions – Wrap-Up

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We're here for you



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