

Empowering Women
MENTORSHIP PROGRAM

Spring 2024 - Simone Cohort



BROUGHT TO YOU BY KJ COMPANY AND CHORD MARKETING SERVICES.



Empowering Women Mentorship Program

- Background
- Objectives
- Timeline
- Overview of mentees

2/22/2024	Mentor Training	
2/22/2024	Mentee Orientation	
2/28/2024	Official kick-off virtual conference	
	Mentoring pairs meet every other week for 60 min for minimum 6 meetings	Meeting Dates are Guidelines
3/12/2024	Meeting 1	
3/26/2024	Meeting 2	
4/9/2024	NEW Conversation Starters	
4/9/2024	Meeting 3	
4/23/2024	Mid-Point check-in	
4/23/2024	Meeting 4	
5/7/2024	Meeting 5	
5/21/2024	Meeting 6	
5/30/2024	Wrap-up celebration virtual	

Goals for today

- Prepare
 - Level set
 - Best practices
 - Guidebook
- Connect
- Network

Three Cohorts Spring 2024

Emma: *“If you truly pour your heart into what you believe, even if it makes you vulnerable, amazing things can & will happen.”*

Oprah: *“Create the highest, grandest vision possible for your life because you become what you believe.”*

Simone: *“Always work hard & have fun in what you do because that's when you're most successful. You have to choose to do it.”*

Inaugural Mentors



Mark Bucci
Yale Electric



Desiree Grace
Panduit



Greg Hames
Retired



Sheila Hernandez
Summit Electric



Eva Jelezova
Littelfuse



Jim Johnson
NEMRA



Miki Nadeau
nVent



Liz O'Grady
Retired



Jill Oller
Sachs Electric



Jan Ruthe
Electri-Flex



Tim Speno
E2E Summit



Jeff Stroin
Consultant



Christy Tilton
Signify



Donna Ward
Southwire

Grateful for Our Mentors!

Alison	Prager	Sonepar	Gayla	Bolte	Former ArchKey	Mark	Bucci	retired Yale Electric
Amy	Brownlow	nVent CADDY	Greg	Griswold	Double G Partners	Matt	Santilli	Arthur A Boyle Co
Amy	Drewery	Phoenix Contact	Greg	Hames	Retired from Viking Electric	McKenzie	Murray	CED Denver
Anna	Periera	Hubbell Power Systems	Jaci	Battaglia	USES!	Michele	Feick Ryan	Cooper Lighting
Annie	Warren	OneSource A Sonepar Co	Jan	Ruthe	Electri-Flex	Michelle	Mathis	Siemens
Ashlee	MacDonald	Acuity Brands Lighting	Janelle	Blazejewski	Electri-Flex	Mike	McCormack	Emerson, Appleton Group
Brenda	Andolina	Sonepar	Jeanne	Stark	Intermatic	Miki	Nadeau	nVent
Brian	Earl	Ericson Manufacturing	Jeff	Barrett	Wesco	Nancy	Lindsay	Hitachi Energy
Brian	McElroy	Siemens	Jenifer	Pytleski	Viking Electric, A Sonepar Co	Narissa	Grufferman	Cooper Lighting Solutions
Bridgett	McMahan	BESCO	Jenifer	Yates	Sonepar - Canada	Nikki	Murphy	Eaton
Brittany	Guyton	Omni Cable	John	Hayter	ABB	Pete	Jones	Nexus Power
Chris	Marlow	ABB	Julie	Fitzgerald	Siemens	Peter	Galindo	Graybar
Christy	McElhinny	Eaton Bussmann	Karen	Bazela	Shoals Technologies	Rhonda	Rogers	Southwire
Cindy	Nichols	Intermatic	Kaytee	Howarth	ABB	Robert	Faul	Sonepar
Courtney	Abraham	Current Lighting	Kelly	McFarlane	S&C Electric	Ryan	Sasscer	Sonepar
Darrell	Price	WESCO	Kristen	Robertson	Christenson Electric	Scott	Dunnington	ABB Installation Products
Dennis	Renaud	former Panduit	Kristy	Phillips	Southwire	Sheila	Hernandez	Summit Electric
Doug	Walo	Retired from Horizon, IES	Lauren	Wescott	Eaton Bussmann	Sherri	Large	Wesco
Ellen	Helm	Trane	Lindsey	Cernik	Border States	Stacy	Stanslaski	Viking Electric, A Sonepar Co
Ferran	Sacrest	Mersen	Lindsey	Shelton	S&C Electric	Steve	Antenucci	Retired Hubbell
Frank	LaPlante	GCG	Lisa	Henry	Hubbell Inc	Susan	Labadie	Cerrowire
						Teresa	Shroll	Graybar

Agenda

- Introductions
- Mentoring Review
- Mentoring pairs meet 1-on-1
- Interactive discussion
- Wrap-up and Q&A

Let's Meet the Pairs



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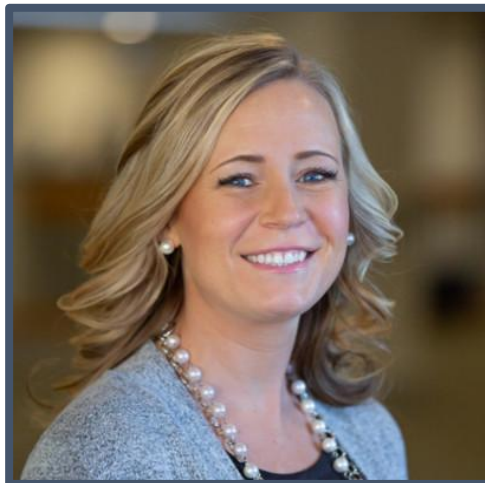
Alexis
Johnson
Acuity Brands



Jennifer Yates
Sonepar
Canada



Anna Reid
S&C Electric



Jennifer
Pytleski
Viking Electric



Ashlyn Yashiro
QED, a
Sonepar
Company



Rhonda
Rogers
Southwire

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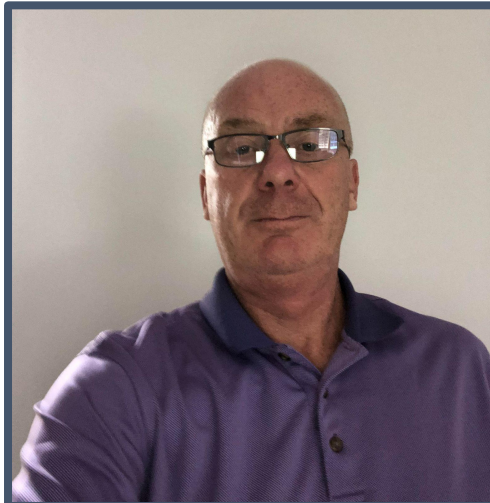
Caitlin McGill
Eaton



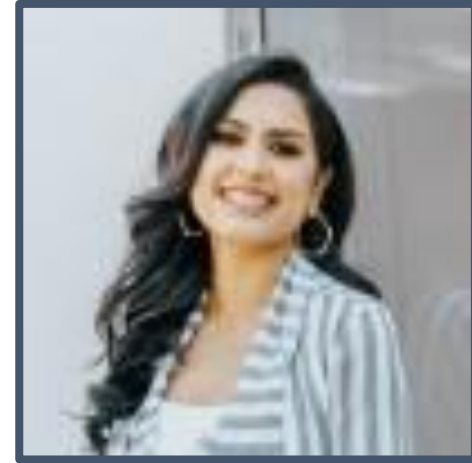
Sherri Large
WESCO



Christina Calaway
Current Lighting



Jeff Barrett
WESCO



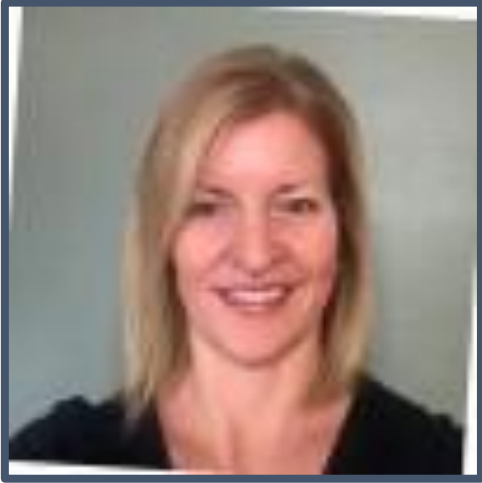
Farzana Rashid
Sonepar Ontario



Christy McElhinny
Eaton Bussman

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Heather Delz
Graybar



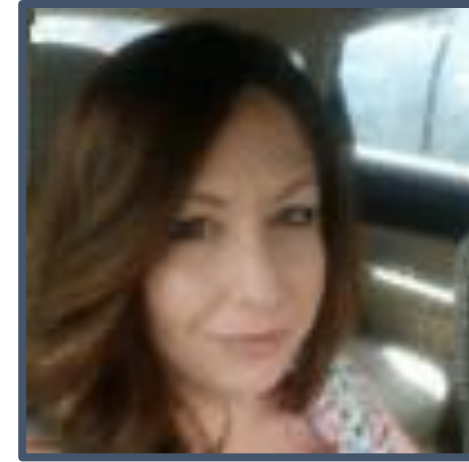
John Hayter
ABB



Heather Sanders
Graybar



Michele Feick
Ryan
Cooper
Lighting



Jennifer
Coster
Wesco



Julie
Fitzgerald
Siemens

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Kelsey
Garrison

LW French Inc



Mark Bucci

Retired
Yale Electric



Kristin Stiltner

Eaton



Susan
Labadie

Cerrowire



Kristina
Bodenstab

OneSource, a
Sonepar
Company



Jaci Battaglia

USES!

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Lexi Arpander
Graybar



Courtney Abraham
Current Lighting



Lisa Korallis
Current Lighting



Ryan Sasscer
Sonepar



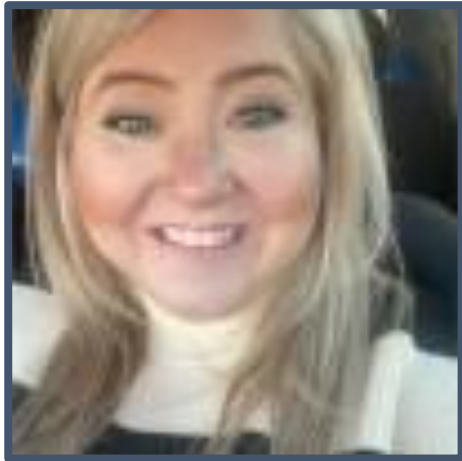
Maria Solis
Current Lighting



Amy Drewery
Phoenix Contact

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Megs
Sherman

Crawford
Electric, a
Sonepar
Company



Cindy Nichols
Intermatic



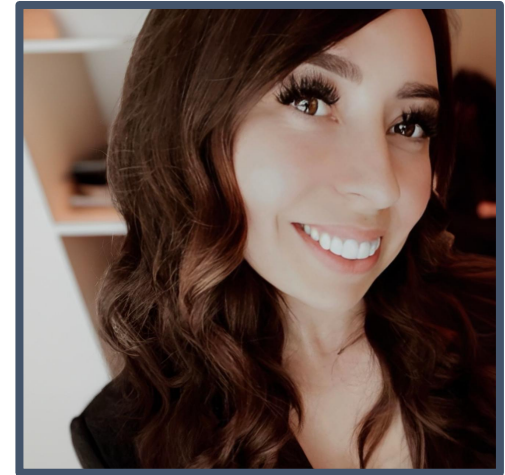
Mozell
Chandler

North Coast
Electric, a
Sonepar
Company



Dennis
Renaud

Retired
Panduit



Nicole Nice

Irby Utilities, a
Sonepar
Company



Ellen Helm

Trane

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Nicole Reed
Current
Lighting



Annie Warren
OneSource, a
Sonepar
Company



Nory Vinasco
Wesco



Lauren
Wescott
Eaton
Bussman



Sara
Stephens
NSI Industries



Darrell Price
Wesco

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Skaiste "Sky"
Gudene

ArchKey
Solutions

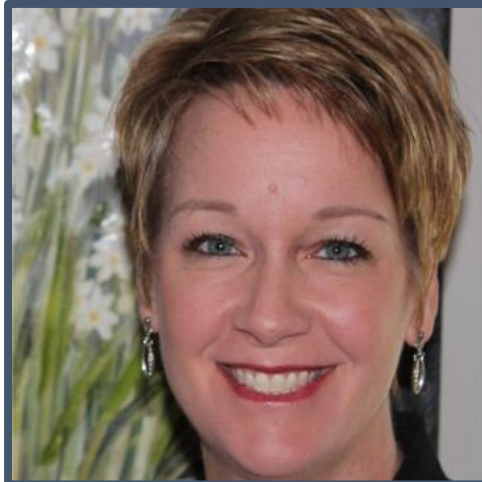


Jeanne Stark
Intermatic



Stacey
Ramsay

Inline Electric



Michelle
Mathis

Siemens



Stephanie
Ringuette

Southwire



Lindsey
Shelton

S&C Electric

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Taylor Larson

Codale, a
Sonepar
Company



Gayla Bolte

Technology
Executive



Teala
Christensen

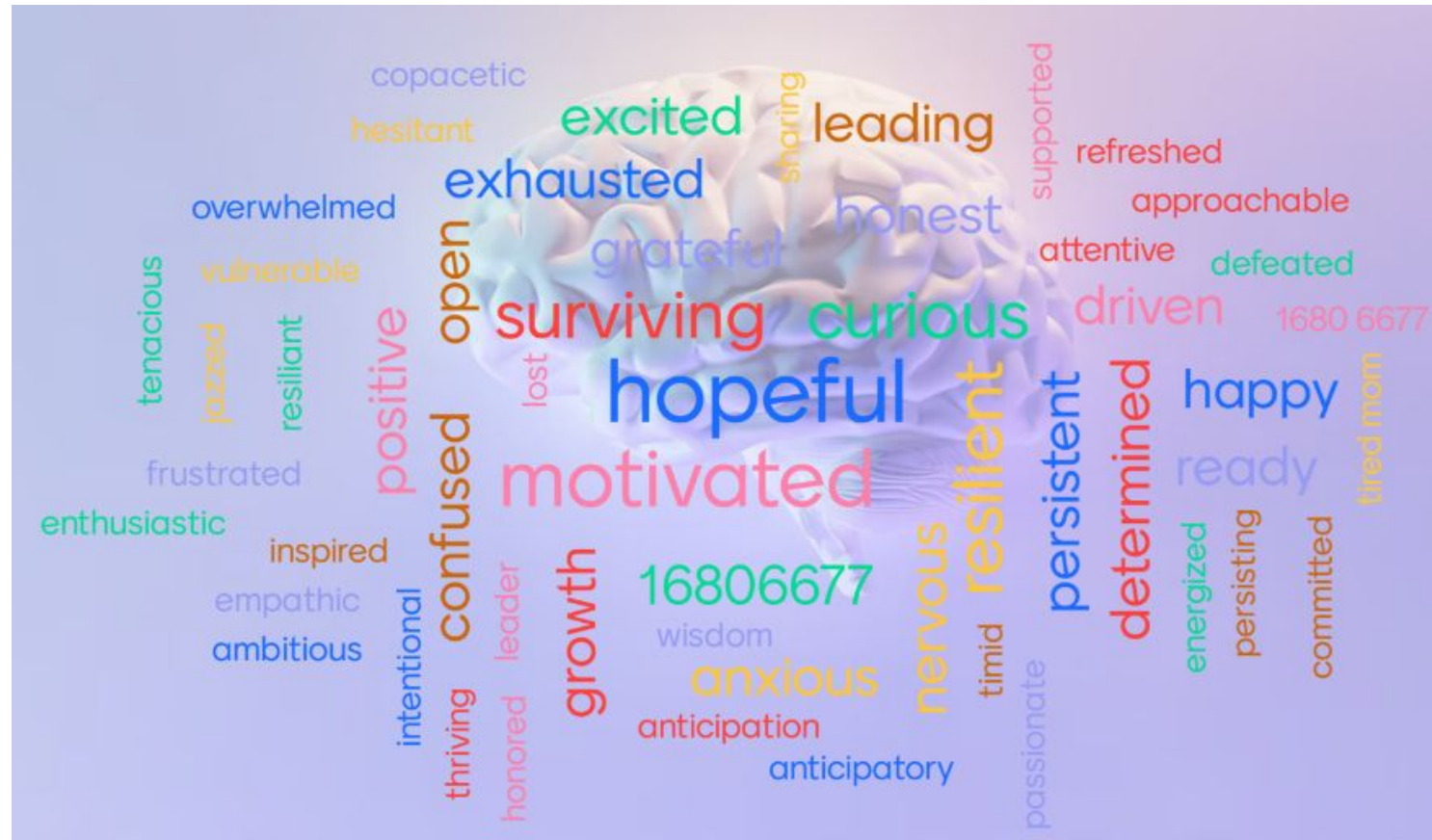
Christenson
Electric



Kristy Phillips

Southwire

Congratulations!



Mentoring Review

- 2-way, mutually beneficial
- Formal or informal
- Virtual or Face-To-Face
- Senior-Junior-Peer
- Commitment
- Not exclusive
- Not indefinite



- Mutual Trust & Respect
- Two-Way Relationship
- Confidentiality
- Chemistry

- Identify your why
- Set the agenda, schedule meetings
- Ask questions, listen, learn
- Try out some ideas
- Be grateful – share
- Have fun
- Confidentiality
- Confirm completion of six meetings



- Encourage & support mentee to manage their learning
- Guide mentee – don't do it for mentee
- Share – insights, experiences, feedback
- Role model & sounding board
- Foster balance
- Accessible & fully present
- Confidentiality – safe place
- Have fun – be yourself

Share Best Practices

Guidebook - ReFreshed

- Tips for:
 - Building Trust and Rapport
 - Asking questions
 - Receiving feedback
 - Conversation Starters
- First meeting guidelines - Mentoring Agreement
- Reference Templates

Mentoring Pairs 1-on-1

15 minutes

1. Get to know each other

- What is one thing the two of you have in common?
- What is the best thing you have experienced about mentoring?
- What is one of your mutual goals for the program?

2. Set your meeting dates



Re-Group

Surprises?

Did you figure out why we matched you?

Next Steps

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- Schedule your first meeting
- Some ideas...
- Bookmark www.EWMP.info
- Join LinkedIn Group
- email info@KJCompany.net after each meeting

Questions – Wrap-Up

We are here for you



KJ Van
info@KJCompany.net
847-833-8124



Amanda Gunn
akgunn732@gmail.com
847-445-3890



Stacey Felzer
stacey@chordmarketingservices.com
404-822-4870